

Subtle Beauty by Nancy

Nancy Agee C.P.C.P.

513-678-5561

Website: www.SubtleBeautybyNancy.com

Facebook: Subtle Beauty by Nancy

Eyeliner Healing Schedule

Day 1: Swollen, like you've been crying, with a heavier eye makeup look. **Day 2:** Swollen, usually for only a few hours after waking up, with the heavier eye makeup look continuing. **Day 3:** Swelling decreases with a tight feeling. The pigment begins to lift away from the skin. **Day 4:** There is a "pinching" feeling. Some itching is normal as the skin begins to flake. **RESIST THE URGE AND DO NOT PICK AT IT!** Apply the ointment as needed to alleviate this feeling. **Day 5-7:** Blinking movements of the eye usually begins to remove all dry pigment by this time. Color is somewhat grayish and will take a few more days to develop to full color.

Eyebrow Healing Schedule

Day 1: The eyebrows are approximately 20 - 25 percent darker and bolder in width than they will be when healed. Your skin is red under the pigment, which causes the color of the pigment to appear darker. There is some swelling, although difficult to actually see due to the thickness of the skin in the eyebrow area. This will subside. Brows will oxidize during this time and appear darker prior to exfoliation and the softening period. Exfoliation, which begins in a few days, will cause the excess pigment surrounding the eyebrow procedure to flake away and a more narrow appearance will result. New skin will heal over the pigmented area and result in a softer appearance of your eyebrows. Don't be concerned that your eyebrows initially appear darker and heavier in size than you desire; this is part of the process. **Day 2:** Conditions remain the same. **Day 3:** Eyebrows start to itch and will appear a bit thicker in texture. **Day 4:** Exfoliation begins; the skin begins to flake, peeling from the outside edges first. **Day 5:** Color finishes flaking off and appears softer and grayer for a few days until color clarifies. At first it is TOO DARK, then it is TOO LIGHT, and it becomes JUST RIGHT!

Lip Color Healing Schedule

Day 1: The lips are approximately 70 percent darker and bolder in width than they will be when healed. Your skin is red under the pigment, which causes the color of the pigment to appear darker. There is some swelling, this is normal, and will subside. Lips will oxidize during this phase and appear darker prior to exfoliation and the softening period. Exfoliation, which begins in a few days, will cause the excess pigment covering the lip procedure to flake away and a more narrow appearance will result. New skin will heal over the pigmented area and result in a softer appearance of your lips. Do not be concerned that your lips initially appear darker and heavier in size than you desire; this is part of the process. Also, due to the uneven swelling distribution, the lip liner shape may not appear even immediately after the lip procedure. This is not cause for concern, please be patient and allow the swelling to subside and rest assured, the liner was completed prior to swelling.

Day 2: Conditions remain the same, but the lips will feel extremely dry like a sunburn. **Day 3:** Exfoliation begins; the outer layer of skin begins to flake. As you experience this, you may feel more comfortable coating the lips several times a day with cotton swab dipped in ointment. You may use a clean lint free paper towel to blot the lips during this process. Some clients will repeat the ointment application and blotting step throughout the peeling process. **RESIST THE URGE AND DO NOT PICK AT IT!** Any assistance in removing the residual pigment pieces can cause color loss and uneven color as well as additional scabbing and bleeding. Use your Q-tips and moisten the area with ointment as often as you feel you need. **Day 4:** Color finishes flaking off and appears softer and grayer for a few days until color clarifies. Final Stage of Healing Process begins after exfoliation is finished.

Day 5 through Day 21: There may be initial exfoliation for a few more days. Lip color will continue to be hazy for a few days, and they will modify and bloom for approximately 21 days. At first it is TOO DARK, then it is TOO LIGHT, and it becomes JUST RIGHT!

Additional Lip Information:

Lips will feel swollen and very dry after your treatment. Apply supplied after care ointment on lips several times a day for at least 14 days post treatment. Do not allow lips to become dry. This may interfere with healed color. During the day if lips feel dry, apply a liberal amount of ointment. Just tap on skin and do not rub in. Always use a clean Q-tip, not fingers to apply ointment to the lips area. This will reduce the risk of secondary infection. It is advised to sleep on an old pillowcase. There will be residual pigment coming off the lips for several days that can stain linens.

After lips are no longer tender to the touch they may become flaky. This is normal and is expected. Please do not pick or scratch at them. This may significantly reduce the amount pigment uptake. Avoid the sun and tanning beds pre & post procedure. Be sure to use a sun block once lips are healed. Do not use any Glycolic, Hydroxy or fruit acid products on lips. Avoid direct water pressure, pools and other bodies of water, until healed. Please be advised it is a good idea to brush your teeth with just water for 72 hours, post treatment. You can resume wearing lipstick once lips are healed. It is advised to use a new lipstick after all lip treatments. Redness, swelling, tenderness, dryness are all common post treatment side effects and will dissipate in a short period of time. Avoid oily, salty, acidic foods, and alcohol while healing.

Lips are a muscle and will need 1 to 3 sessions to complete the process of this procedure. Lips can be very unpredictable. Some clients will yield very strong healed lip color. Others will only heal with slight color uptake. This will vary on an individual basis. Clients with sun damage, scar tissue (from injury or fever blisters) and clients with implants may not have strong results. Hyperpigmentation can happen on any lip client without warning.

This schedule is used only as a guideline. Each individual can vary by a few days, and this is normal. Women in their 20s may expect to heal by the fourth week, and add a week for every 10 years of age. Some women will not receive their full color for 8 weeks, please be patient and enjoy the process.