

Permanent Makeup by Nancy

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Immediately Following Cosmetic Tattoo Procedure and For the Next 14 Days:

During your initial healing after your Permanent Cosmetic Procedure:

AFTER RECEIVING PERMANENT COSMETICS:

- Wash hands BEFORE touching your permanent makeup, this avoid contamination and infection.
 - Use provided aftercare wipes to clean procedure site, every 15 minutes for the first 3 hours. Discontinue after 3 hours and then begin ointment aftercare.
 - After initial 3 hrs, apply a thin veil of Ointment (provided), Aquaphor over the area. Make sure you apply the ointment to a dry area, blot any moisture with a dry with paper towel if necessary. Apply with a clean Q-tip, and do not double dip. Continue for 5-7 days, or as needed.
1. No makeup can be applied for 72 hours after the procedure.
 2. Do not exposed your healing skin to: direct sun, tanning beds, hot tubs, saunas, salt water, chlorinated pools, direct shower spray, hot water, cleansing that creams, chemicals, soaps or lotions unless you have been instructed to for at least 2 weeks following your procedure. **Discontinue exercise or any activity that would cause sweating until after initial healing.(10-12 days)**
 3. Some itching is normal. DO NOT PICK, PEEL, OR SCRATCH the treated area or the color may heal unevenly and you risk scarring and infection. Allow the epithelial crust to flake off naturally.
 4. After any eyeliner procedure, **use new mascara. Do not use eyelash curler for two weeks.**
 5. For lip procedures, use a straw for all drinking to keep liquid off lips. Teeth Brushing: Seal lips with ointment first. Whitening toothpaste is not recommended. Use a small amount of toothpaste, and a clean straw to swish with is also helpful.
 6. Protect your designer pillowcase from residual pigment and ointment by choosing to use a clean non-designer pillowcase for about a week.
 7. Discontinue: tweezing, waxing, electrolysis, or eyebrow tinting for 30 days post procedure.

ADDITIONAL HELPFUL INFORMATION ABOUT PERMANENT COSMETICS

PROCEDURE:

Permanent Cosmetics generally require a touch up no earlier than six weeks from the first session. The final color will not be revealed for six weeks following additional application. Follow up procedures will require the same instructions as the first procedure, so please follow all directions as you did for the first application.

WHAT IT WILL FEEL LIKE:

The procedure area will normally feel dry, tight, and tender to the touch. Skin tissue around the area will look and feel puffy. Itching and some redness to the tissues are normal. *Remember:* Keep the procedure area moisturized with the ointment.

HEALING TIME:

Average healing time is 5-7 days. Expect to experience some swelling. Every client is different, but during the 24 hours following the procedure is when most of the swelling will appear. The next 2 to 7 days the swelling will subside, but older clients and/or those with diabetes can expect a longer healing time. Please allow for such circumstances if warranted. As well, the following will effect how quick a customer heals: diet (it is important to eat at least three balanced meals a day), stress, smoking, excessive alcohol consumption, age, general health, and fatigue level (the more fatigued you are the lower your immune system).

SWELLING TREATMENT:

Ice can be applied for ten minutes and then removed for ten minutes, repeating as necessary for the first 24 hours. Please remember, no moisture should be placed directly to the area, so place the ice pack (frozen peas or corn) in a tightly woven, lint free towel before placing over the procedure. Elevating your head overnight with an extra pillow will help reduce inflammation.

“PEELING”, WHAT IT MEANS:

Due to the procedure, the skin around the procedure area has been irritated, resulting in symptoms such as swelling, bruising, and/or redness. As your procedure heals, the skin will peel or slough off. Allow this peeling to happen naturally, as this will soften the look of your cosmetics. Be patient and allow this to happen naturally.

LONG TERM CARE:

Use a good sunscreen daily. Sun exposure will fade your permanent cosmetics.

Inform your physician of your cosmetic tattoo if you are planning a chemical peel, MRI, or other medical procedure.

If you donate blood, it is an American Red Cross policy that you must wait one year after any tattoo procedure to donate.